

TRAININGS TERMS AND CONDITIONS



Definitions

- 1.1 General Terms are of effect from the date of registering until the last date of the applicable Tula Training.
- 1.2 Tula Yogastudios VOF: Tula is located in (1055 AD) Amsterdam, at Bos en Lommerplein 175, and has been registered with the trade register (handelsregister) under number 75980878.
- 1.3 Tula Trainings may be held in all Tula yogastudio's with application of these same general terms and conditions.

Participation Trainings

- 2.1 Students may only participate in a Tula Training after they have filled out and signed the Registration Form, and subsequently have received a written confirmation from Tula to participate in the Training.
- 2.2 200-hour Tula certifications can be submitted to Yoga Alliance for the Student to obtain a RYT-200 status. For more information visit www.yogaalliance.org
- 2.3 Trainings are offered in the studio and online. It is the responsibility of the student to participate in the entire teacher program. If a student cannot participate, he/she is obligated to send an email to Tula.
- 2.4 In case of a pandemic, or any other situation that prohibits from meeting in person, Tula reserves the right to continue the training online. Students understand and accept to continue the training online and no refunds will be applicable when the student decides to stop the training.
- 2.3 Students can miss up to four 4 days of the training and can then still receive a certificate.
- 2.4 It is not possible to catch up on missed training days in another training program.
- 2.5 For the 200h Vinyasa yoga teacher training counts: If a Student misses more than **4 days** of the training and they still want to obtain a certificate, they have the option to take private sessions with one of the lead trainers. The costs for a private session are additionally €150 for two hours.
- 2.6 For the 200h Yin yoga teacher training counts: If a Student misses more than **2 days of the training in the studio** and they still want to obtain a certificate, they have the option to take private sessions with one of the lead trainers. The costs for a private session are additionally €150 for two hours.

Health



- 3.1 By participating, the Student declares that he/she is healthy on a medical and mental-health level and is ready to fully participate in the demands of the program of the Training.
- 3.2 By participating, the Student declares that he/she is aware that it is his/her own responsibility to take care of his/her own health and wellbeing during such training at all times.

Code of Conduct

- 4.1 Students shall adhere to Tula's code of conduct at all times:
 - Make sure you are clean and fresh when you attend the yoga class. The use of unscented deodorant is highly appreciated. In view of potential allergies of other Students, everyone is asked not to wear any perfume, aromatherapy oils or other scented products.
 - Wear clean yoga clothes in which you can move easily.
 - Tula advises not to eat later than two hours before the start of a yoga practice and, in any case, not to do yoga on a full stomach.
 - Please do not wear shoes in the studio. Feel free to bring socks to keep your feet warm during lectures.
 - It is not allowed to eat in the yoga room. You may eat during breaks in the lounge area. Please make sure to clean up when you are done.
 - The physical and mental integrity of Students must always be respected. Sexual behaviour or sexually suggestive behaviour is not tolerated by Tula.
 - The Student may be requested to leave the Training when a Teacher has determined that his/her participation would in any way compromise a safe and cohesive learning environment or are in conflict with the Yoga Alliance Ethical guidelines.

Liability

- 5.1 Tula shall not be liable for any injury, loss or damages in connection with, or resulting from, participation in the Tula Training.
- 5.2 The Student will never engage Tula, the Teachers, or any of the supporting staff, in legal proceedings relating to possible damages in whatever form, that may be the result of participation in the Tula Training.
- 5.3 Tula only works with qualified yoga teachers and will always offer the highest quality. Nonetheless, there is always a risk of injury involved when joining a Teacher Training. By participating in the Tula Training, the Student accepts such risk of injury.
- 5.4 Tula offers the following guidelines to diminish the risk of injury:
 - Consult with a physician when you are not sure you are completely healthy, or if you are pregnant, before starting to take yoga classes.
 - If you have an injury, or other physical issue, inform the yoga teacher before you start your yoga practice.
 - Listen to and follow the instructions of the yoga teacher.
 - Be conservative when exercising yoga and listen to your physical limitations.
 - Don't do any exercises that are painful.
 - Ask questions when you do not understand an exercise.

Cancellation

6.1 If there is an agreement concerning face-to-face instruction with a recorded starting date, the following cancellation provisions and early termination arrangement will apply after the end of any cooling-off period. In that case, you pay: a reasonable fee for the work already performed, including the Start-up costs. For the sake of clarity, below you will find a summary of these costs as a percentage of the agreed price. These percentages relate to the maximum fee to be paid. If the reasonable fee to be paid is lower, you will be charged a lower fee. Upon request, the amount of the fee will be substantiated by Tula.

Cancellation term	Fee to be paid
Cancellation until 2 months prior to commencement	10% of the agreed price after deduction of the study material not yet received
Cancellation between 2 months and 1 month prior to commencement	20% of the agreed price after deduction of the study material not yet received
Cancellation between 1 month and 2 weeks prior to commencement	30% of the agreed price after deduction of the study material not yet received
Cancellation less than 2 weeks prior to commencement	50% of the agreed price after deduction of the study material not yet received
Early termination	<p>In the event of early termination, 50% (as start-up costs) of the agreed price, after deduction of study materials not yet received, plus the costs of the academic year already expired, regardless of whether you attended the meeting(s). The total costs shall never exceed the agreed price.</p> <p>In principle, the costs of the education you have already attended will be determined as follows:</p> <ul style="list-style-type: none"> • In the case of a course for an entire academic year: the costs in proportion to the number of months during which the course was followed, including the current month. • In the case of a course divided into blocks: the costs of the completed blocks/modules plus the costs of the module(s)/block(s) followed at the time of early termination.*

- 6.2 Tula reserves the right to cancel the Tula Training if there are insufficient participants, or when one of the lead-teachers is omitted. In this case, the full Price already paid by the Student is refunded immediately.

Course material

- 7.1 The manual/syllabus that is used in the training has the copywrite of Tula. Nothing in the manual may be copied, replicated or used in other trainings without written consent from Tula.

Complaints

- 8.1 In case any complaints arise about the Training, the Teachers of the Location you can read and use the complaint process as found on our [website](#).

Applicable law, dispute resolution

- 9.1 Dutch law applies exclusively to the General Terms and Conditions.